



# NAVAL HOSPITAL OAKLAND

1971 UNOFFICIAL GUIDE AND DIRECTORY

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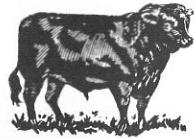
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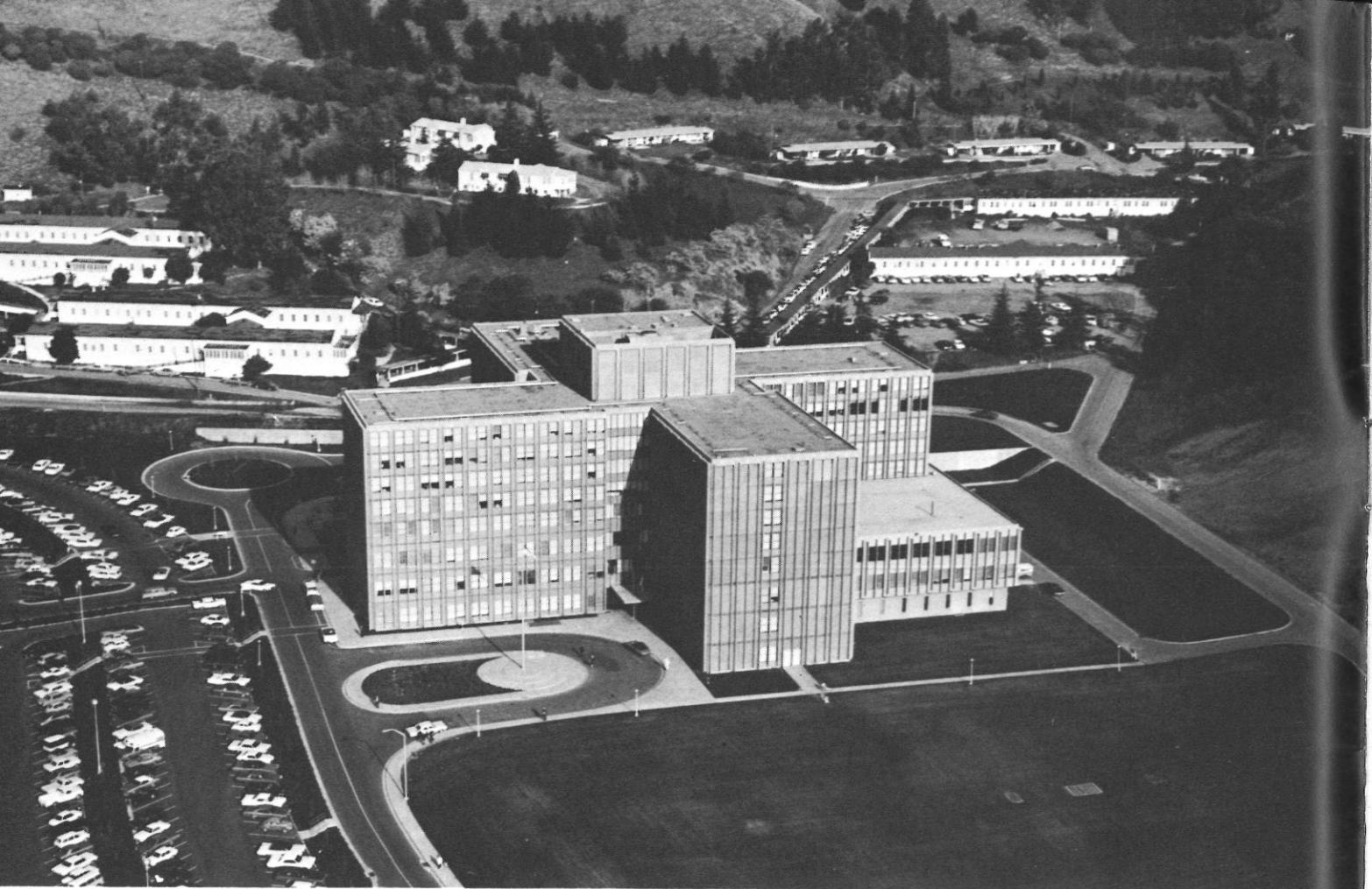
## WELCOME ABOARD

*It is my pleasure to welcome you to Naval Hospital, Oakland, and wish you and members of your family a happy and rewarding stay in this friendly and interesting community.*

*Our primary objective is to provide quality care for active duty and retired personnel of the Armed Forces and their dependents. We are also entrusted with the important task of training health personnel and with carrying on research that supports patient care. Achievement of our objectives depends upon the cooperation and dedication of every member of the staff. I am confident that you will give us your best professionally. I hope you will also take time to enjoy the cultural, educational, and recreational opportunities that abound in the Oakland-San Francisco Bay Area, making Naval Hospital, Oakland, particularly good duty.*

*This brochure has been prepared to acquaint you with some of those opportunities as well as with the many conveniences and pleasures that are available within the gates of the hospital.*

H. P. MAHIN  
Rear Admiral, MC, U.S. Navy  
Commanding Officer



Dedicated 29 June 1968, the new building is a nine-story, ultra-modern facility.

## HISTORY OF NAVAL HOSPITAL, OAKLAND

In the early spring of 1942, just a few months after Pearl Harbor, 25 barrack-type redwood buildings were beginning to take shape in the East Oakland foothills on the site of the former Oak Knoll Golf and Country Club. They were the nucleus of the sprawling "temporary" hospital the Navy built to receive the thousands of World War II casualties that were to be brought back from Pacific battle zones.

The hospital was commissioned 1 July 1942, with six ward buildings and 204 beds ready for occupancy. Construction kept pace with developments in the Pacific, and in 1945 at the climax of the war, the hospital was caring for more than 6,000 patients and had a military and civilian staff of approximately 3,000.

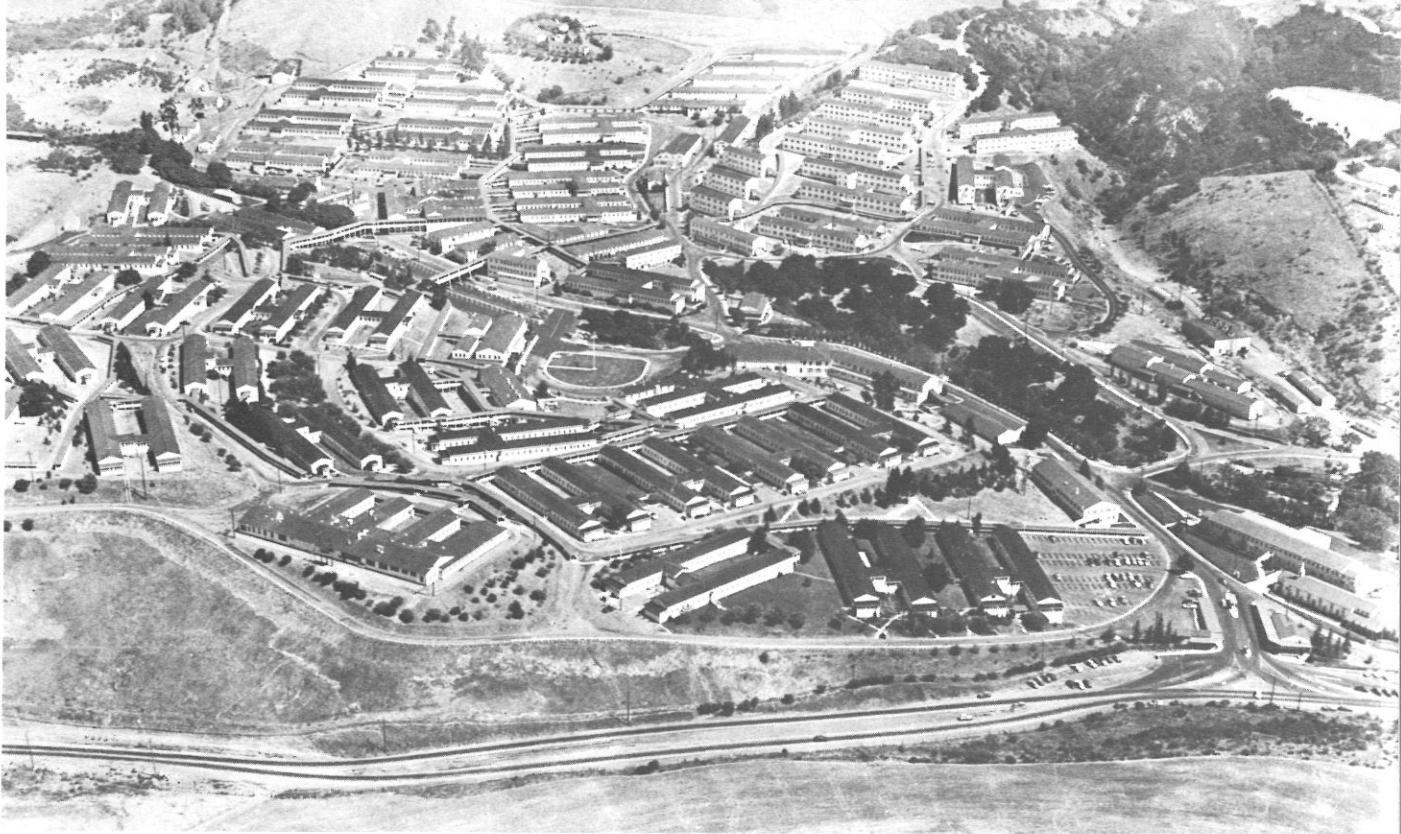
Contractors brought the total number of buildings on the 220-acre compound to 135—including the chapel, auditorium, navy exchange store, library, and a few quarters for staff. The swimming pool was built with funds raised by Kay Kayser and his then popular College of Musical Knowledge. The hospital teemed with activity. In terms of patient population, it was one of the Navy's largest. Relatives rushed from across the nation to visit their loved ones. Entertainers—Bob Hope, Bing Crosby, Jack Benny, Edgar Bergen and Charlie Mc-

Carthy, and many other celebrities—came to boost the morale of the wounded.

Citation ceremonies at which hundreds received medals for heroism, along with the Purple Heart, were held regularly in Gendreau Circle, named for a Navy Medical Officer who lost his life serving in the South Pacific.

With demobilization both the activity and the population declined, only to rise again during the Korean War when the daily patient census averaged 2500. This figure fell to a peacetime level of around 600, but with the influx of Vietnam casualties beginning in 1965, the tempo of life at the hospital increased again, both in regard to patient care requirements and in morale-building activities. Once again award ceremonies are frequent. Parents arrive from across the United States almost daily. Celebrities and citizens of the community are eager to become involved.

An important step in the development of the hospital came in 1950 when the Navy's West Coast Centers for care of amputee and neuropsychiatric patients were moved from Mare Island when that 100-year-old Naval Hospital was reduced to dispensary status.



This was Naval Hospital, Oakland, in 1945, when the patient census was 6,000, the staff complement 3,000.

As other patient care facilities were added—the artificial kidney, radioisotope laboratory, and cobalt therapy unit—to name but a few, the need for a facility worthy of the hospital's achievements in patient care, training, and research was keenly felt, as it had been almost from the beginning.

Finally, on 26 June 1963, after extensive studies at local and national levels, Secretary of Defense Robert S. McNamara approved construction of a multi-story Navy hospital on the original site. On 8 August 1964 Congress approved funds for construction of the present 9-story hospital to be built at a cost of \$14,500,000. The ground-breaking took place 7 December 1965. A little over three years later, on 29 June 1968, the building was dedicated, and the move from the 26-year-old "temporary" hospital began. The flag was raised at the entrance of the 650 bed structure 3 September 1968.

The daily census during the Vietnam war has ranged from 750 to 1,000. Patients not requiring round-the-clock care or close supervision are housed in outlying original buildings, refurbished for this purpose.

Located in the heart of an attractive residential district, the compound retains the original country club atmosphere. The handsome Spanish style clubhouse that housed all administrative and many other functions during the early days is now used as the Officers' Club.

#### THE PAINTINGS

The original paintings that enhance the lobbies, passageways, and day rooms of the hospital are the gifts of Northern California Councils of Navy League, Treasure Island and Naval Hospital Officers' Wives Club, and a group of artists in Fremont, Nebraska, who responded to the request of a fellow citizen, inspired by his visit to a patient on the amputee ward. As a result of that visit, the generous Nebraskan also raised \$7,000 for the purchase of remote control television sets for patients' rooms.



Works of art to appeal to every age are included in the hospital art collection.

## MISSION

To provide general clinical and hospitalization services for active duty Navy and Marine Corps personnel, active duty members of the other armed services, dependents of active duty personnel, and other authorized persons as outlined in current directives. To cooperate with military and civil authorities in matters pertaining to health, sanitation, local disasters, and other emergencies.



The Navy Nurse and Hospital Corpsman are important members of the hospital team.



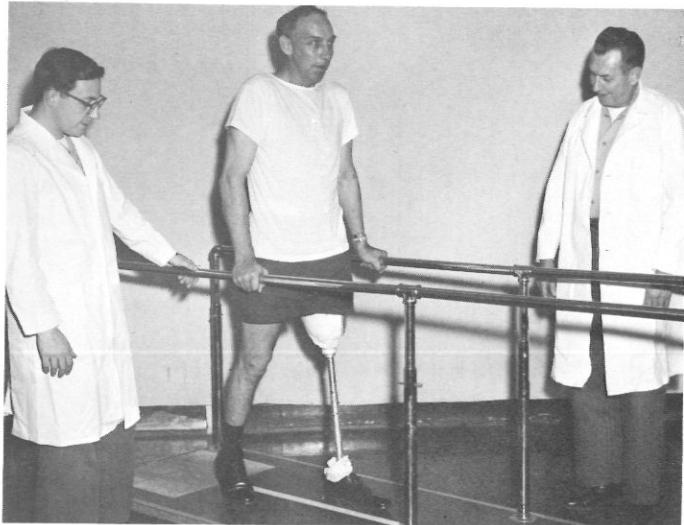
## TASKS

Perform the functions of a regional hospital for those activities outlined in current DOD directives.

- Provide specialized treatment in the following specialties for the Navy as a whole and other authorized personnel: Plastic Surgery, Neurosurgery, Thoracic Surgery, Amputations, Keratoplasty, Aural Surgery, Renal Dialysis, Radioisotope Laboratory, Oncology, Neurology, Neuropsychiatry.
- Provide, train and maintain augmentation personnel for immediate availability to the operating forces as provided in current instructions.
- Provide personnel for, train, and maintain surgical teams to be immediately available to the operating forces when directed by Chief of Naval Operations.
- Operate a Whole Blood Donor Center and Blood Bank.
- Conduct residency and internship training programs for Medical Corps and Dental Corps officers of the U.S. Armed Services and observerships for foreign military medical personnel.
- Provide on-the-job specialty training for Group X hospital corpsmen as appropriate.
- Conduct formal training of Group X hospital corpsmen in the technical specialties outlined in current BUMED directives.
- Conduct in-service training of Group X hospital corpsmen.
- Regional data processing center for assigned activities.
- Perform care-of-the-dead program under the general supervision of the Bureau and in coordination with the program administered by the commandants as outlined in current directives.
- Perform formal physical examinations of candidates for admission to the Armed Forces academies.
- Perform or undertake such other appropriate functions as may be authorized or directed by higher authority.
- Serve as histopathological center for the Twelfth, Thirteenth, and Seventeenth Naval Districts.
- Operate a prosthetic eye and maxillofacial surgery clinic.
- Operate an Aural and Speech Rehabilitation Center.
- Accomplish indoctrination training of newly acquired medical officers in various aspects of the naval service.
- Serve as debarkation hospital for the San Francisco Port of Entry for patients arriving by surface transportation.
- Provide personnel for, train, equip, and maintain disaster control teams for use by the District Commandant in support of the Twelfth Naval District's Disaster Plan.
- Provide a mobilization capability for casualties resulting from military action in the entire Pacific area.

(Left)

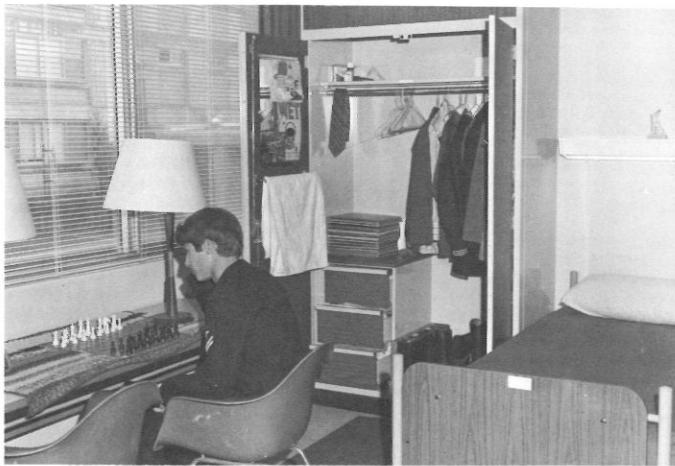
A busy schedule is maintained in the hospital's ten operating rooms.



Accelerated fitting cuts down period of hospitalization for amputees.



Dependent care is an important part of the hospital's mission.



The new Enlisted Quarters are shipshape inside and out. At left is one corpsman's corner in a four-man room, at right, a sunny patio that overlooks a wooded canyon.



## HOUSING FACILITIES

Family housing on the compound consists of five sets of Quarters for senior officers, ten for junior officers, and 36 for enlisted personnel. Housing is assigned as follows: Senior Quarters—to personnel occupying billets carrying greatest stress and responsibility; Junior Quarters—on the basis of needs of the professional services; Enlisted Quarters—on a "first-come, first-served" basis with bedroom requirements a factor. There is a waiting list for housing.

An enlisted personnel barracks built at a cost of \$1,400,000 was dedicated 27 November 1970. It accommodates 356 men, four to a room, and 30 women, three to a room. Reception rooms, TV and game rooms provide a relaxing atmosphere.

The Navy Exchange operates a motel of 16 rooms with connecting baths in Bldg. 66A, Telephone (415) 639-2051, for next of kin of seriously ill patients. When space is available, incoming staff may use these facilities. Fees are minimal.

Additional family housing is available at Naval Air Station, Alameda. There is a waiting list, and application must be made at Alameda.

Most staff members rent or buy in Oakland or other nearby communities. Assistance in locating an apartment or in buying a home may be obtained at the Housing Referral Office, where lists of conveniently located rentals and sales are maintained. Names of reputable real estate agents will be made available to prospective home buyers.

Limited low cost temporary housing (five-day minimum) is available at Jacob Hall, Oakland Army Base. Call (415) 466-3067 for reservations.

For personnel whose household effects are delayed, the Housing Referral Office will provide hospitality kits which contain kitchen and dining items, bath and bed linens.

The Housing Referral Office is in Bldg. 60A, Ext. 2309. Hours are 0830 to 1630 Monday through Friday.

## DIVINE SERVICES

Patients and staff may attend the religious service of their choice in one of two beautiful chapels—the family chapel near the main gate or the Chapel of Hope on the third floor of the hospital. Nursery care for small children is available in Bldg. 133 during 1030 Protestant Service and the 1215 Mass for the convenience of young parents.

The schedule for services is as follows:

### CATHOLIC

SUNDAY MASS 0830 Clinical Assembly  
(Third Floor)

1215 Main Chapel

DAILY MASS (Mon.-Sat.) 1200 Chapel of Hope  
(Third Floor)

HOLY DAYS OF OBLIGATION 1200 Mass, Chapel of Hope  
1630 Mass, Chapel of Hope

Confessions: Before all Masses

Baptisms: By appointment

Rosary: 1150 (Before Daily Masses)

### PROTESTANT

SUNDAY WORSHIP 0930 Chapel of Hope  
(Third Floor)

1030 Main Chapel

SUNDAY SCHOOL 1030 Main Chapel  
(Children only)

Holy Communion: First Sunday of each month

Weddings and Baptisms: By appointment

Choir Rehearsals: Wednesday, 1900,  
Main Chapel

The Jewish Rabbi visits the hospital on request. For appointments call Ext. 2251 or 2252.

In addition to conducting church services the chaplains offer a total ministry to meet the religious and moral needs of the command. Feel free to contact them at any time.

## UNIFORM

The year-round uniform of the day in the Twelfth Naval District is service dress blue. From 1 April through 31 October the following uniforms may be worn: Service dress khaki, service dress white, tropical white long, and tropical khaki long. From 1 November through 31 March, service dress khaki may be worn. In San Francisco, often referred to as a naturally air-conditioned city, enlisted personnel wear dress blues while on liberty throughout the year.

## FOOD SERVICES

### DINING ROOMS

Dining Rooms for staff officers and for military and civilian staff and patients are located on the third floor. Both are open daily from 0600-0745 for breakfast; 1100-1300 for lunch; and 1600-1800 for supper. For other places to eat on the compound, see Navy Exchange and club listings.



The old Oak Knoll Golf and Country Club was the only permanent building on the compound for 26 years. It is one of the Navy's most attractive Officers' Clubs.

## NAVY EXCHANGE SERVICES

### STORE

Authorized personnel may purchase clothing, household equipment, jewelry, sporting gear, and everyday necessities at the Navy Exchange Store, Community Services Building, Monday through Friday 1000-1700. Saturday 0900-1300. An additional outlet serves patrons on the first floor. Open 0900-1645 Monday through Friday. Ext. 2151.

### BEVERAGE SHOP

Located near the main gate, the "Beverage Shop" carries convenience items ranging from dairy products and snack items to sporting goods. Hours are from 0900 to 1730, Monday through Friday, and 0900 to 1330 Saturdays.

### CAFETERIA

Open Monday through Friday 0900-1700; closed Saturday, Sundays and holidays. Operated for staff, patients, and visitors. Navy Exchange also operates the Snack Bar, third floor, Monday through Friday 0630-1400 and 1445-2100; Saturdays and Sundays 0630-2100.

### MOTEL, See Housing Page 5

### SERVICE STATION

Near Main Gate. Open Monday through Friday 0900-1730; Saturdays 0800-1200. Closed Sundays and holidays. Ext. 2436.

### BARBER SHOPS

Third Floor. Monday through Friday 0800-1630. Officers and chiefs by appointment only. Ext. 2230. Also at Community Services Bldg. where no appointment is necessary.

### BEAUTY SHOP

Monday through Friday 0800-1630. Topside, Community Services Bldg. Appointments necessary. Ext. 2000.

### OTHER NAVY EXCHANGE SERVICES

These include laundry, dry cleaning, and tailoring, shine stand, optical and watch repair shops, and during the spring and summer months a garden shop.

### COMMISSARY STORES

Since there is no commissary at the hospital, personnel frequently use the stores at Naval Air Stations, Alameda and Moffett Field, Naval Station, Treasure Island, Naval Shipyards at Hunters Point and Mare Island, Oakland Army Base, Presidio of San Francisco, and Travis and Hamilton Air Force Bases.

## CLUBS

### COMMISSIONED OFFICERS' MESS (CLOSED)

Commissioned Officers' Mess (Closed) is the scene of a wide variety of social activities for staff officers and their families. Hail and Farewell parties are held to welcome newcomers and say goodbye to those departing and to take the place of calls made and returned. Events include dinner dances, outdoor barbecues, celebrations of anniversaries significant to the staff. Lunch is served weekdays in the Galleon Room.

### OFFICERS' WIVES' CLUB

A social and service organization, the Officers' Wives' Club, holds luncheon meetings at the Commissioned Officers' Mess the second Wednesday of each month from September through June. Members sew layettes for Navy Relief, engage in other philanthropic projects, meet for bridge and other activities. Nursery facilities are provided during social functions.

### CHIEF PETTY OFFICERS' CLUB

Adjoining the main gate parking lot, the CPO Club is a popular meeting place for staff chiefs and their friends. Refreshments and luncheon are available weekdays, and evening events are frequent. The club is available for special parties arranged by individual members.

### ENLISTED MEN'S CLUB

Operated exclusively for staff personnel, their dependents, and guests. Facilities include ballroom; dining room; television room, and bar. Located adjacent to the CPO Club.

### PACKAGE LIQUOR STORE

Store hours are 1000-1800 Monday through Friday and 1000-1400 on Saturdays. Closed Sunday. Serving all military personnel, active and retired, who are 21 years of age or over. Located in Bldg. 136. Ext. 2184.

## RECREATION

**SPECIAL SERVICES**, located topside, Community Services Building, coordinates all recreation and entertainment offered at the hospital and cooperates with local civic and professional organizations in sponsoring special events. It operates the bowling alley, pool hall, Crew's library, swimming pool, sporting gear issue room, and provides nightly movies and other entertainment for patients and staff.

**DIRECTOR OF ATHLETICS**, a member of the Special Services staff, schedules a wide variety of intramural sports and coaches teams for Twelfth Naval District competition.

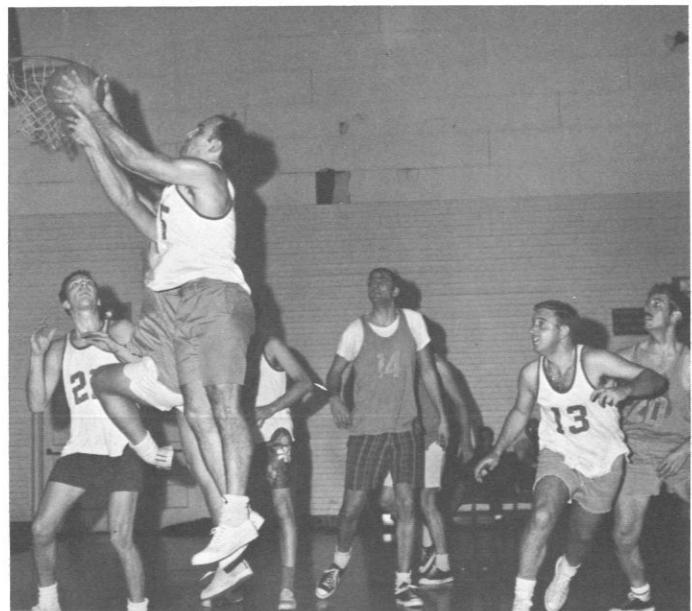
**TENNIS COURTS** and **BASEBALL DIAMOND** are located between the Olympic-size swimming pool and the picnic area, which adjoins the Officers' Club.

**BADMINTON**, **BASKETBALL**, and **VOLLEYBALL** are played in the gymnasium, Community Services Building.

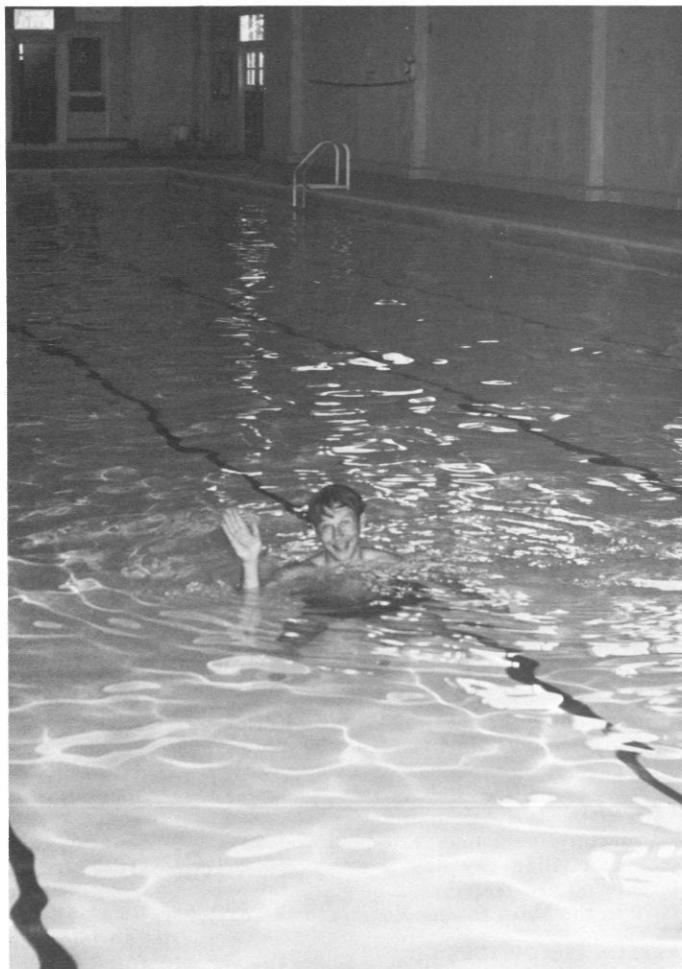
**BOWLING ALLEY** and **POOL HALL**, Bldg. 103 near the Navy Exchange, are open Tuesday through Friday, 1100-2100; Saturday, Sunday, and holidays 1300-2100. Closed Monday.

**THE GOLF TEAM** plays its home games at nearby Chabot Golf Course, where special rates are available to hospital personnel.

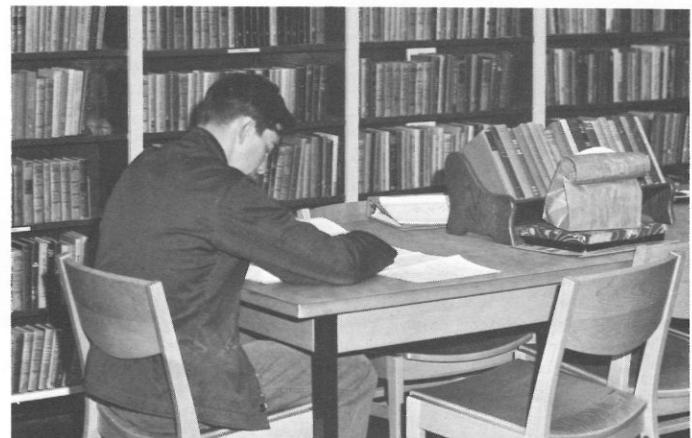
**SWIMMING POOL** near Main Gate is open 1130-1300 for staff; 1300-1600 for dependents, patients, and staff. From 1700-2030 swimming is unrestricted.



Basketball is among the intramural sports scheduled by the athletic director.



It's great to swim in the hospital's Olympic-size swimming pool.



Crew's Library contains 15,000 books for use of patients, staff, and dependents.

**DEEP SEA FISHING** trips are planned periodically, Special Services providing transportation to and from the Berkeley Pier.

**RECREATION GEAR ISSUE ROOM** offers patients and staff a wide variety of hunting, fishing, skiing, and camping equipment; A nominal fee is charged for rental.

**FLYING** and **SAILING** opportunities are available.

**CREW'S LIBRARY** has a collection of more than 15,000 books, periodicals, and records. In Bldg. 101, it is open to patients, staff, and dependents, 0800-1630 and 1800 to 2100 Monday through Friday. Weekend hours are 1230-1700.

**MOVIES** are shown every evening at 1900 in the Clinical Assembly, third floor, Bldg. 500. Recently released, feature-length pictures are scheduled. Admission is 25 cents.

**TICKETS** for major entertainment and sports events are available free or at reduced prices, as are tickets to Disneyland, Frontier Village, and other attractions.

# MISCELLANEOUS SERVICES

## BANK OF AMERICA

The Bank of America maintains a branch in Bldg. 73 off Gendreau Circle. Hours are 0930-1300, except on Navy and civilian paydays, when the bank remains open until 1400.

## BUSES

The Alameda-Contra Costa Transit District provides public transportation throughout the East Bay area. Line 56, which provides direct service to the hospital door connects with other routes bound for downtown Oakland (line 34); Jack London Square (40, 43, or 43A); the Oakland International Airport (83A), and San Francisco (line "N"). Information concerning schedules and charter excursions may be obtained by calling AC Transit, toll-free, at 653-3535.

## CHAPLAINS

The Chaplains offices are open from 0800-1630 Monday through Friday. A Catholic and Protestant Chaplain are on duty 24 hours a day. Offices on the third floor of Bldg. 500, adjacent to the Chapel of Hope. Ext. 2251.

## COLLECTION AGENT OFFICE

For payment of bills for hospitalization, meals in the dining rooms. Third floor, just outside the officers' dining room.

## DAY NURSERY

Bldg. 77A, open 0730 to 1700 weekdays. Fees are minimal. Ext. 2010.

## EDUCATION AND TRAINING

Open from 0800-1630 Monday through Friday. Conducts in-service training for staff personnel and examinations for advancement in rating. Provides counseling regarding innumerable educational opportunities and vocational training. Bldg. 105. Ext. 2237. Indoctrination for incoming officers and wives is scheduled by Education and Training for convenience of newcomers.

## ID AND PASS OFFICE

Open 0800 to 1630 Monday through Friday, Bldg. 73B, Ext. 2401. Patients, staff, and dependents may obtain identification cards at this office. Naval personnel should first obtain applications through the Personnel Office, third floor, Bldg. 500. Marines may obtain forms through Marine Liaison, 61B.



Navy Relief Layettes made by volunteers come in handy—especially if you have triplets.

## INFORMATION DESK

Personnel are available at all times to assist patients, staff, and visitors. Located in the main lobby of the hospital on the second floor. Ext. 2411.

## JANGO

The Junior Army Navy Guild Organization for daughters of officers of the Armed Services provides opportunity for valuable experience for girls to serve as nurses' aides and gain a feeling for community service. JANGOs must be between the ages of 13 and 21. For information call the Chief of the Nursing Service, Ext. 2196.

## LEGAL OFFICE

Open from 0800-1630 Monday through Friday. The Staff Judge Advocate is available to provide legal assistance to staff, patients, and dependents; also serves as the hospital's Civil Rights Officer. Administrative Complex, third floor. Ext. 2483.

## MEDICAL LIBRARY

A professional librarian is available from 0800-1630 Monday through Friday. An enlisted watch is on duty from 1630-2200 on weeknights, and 0800-1630 on weekends and holidays. Medical staff has access at any time by notifying the OOD. Library includes books and journals in medical and paramedical sciences. Restricted to staff personnel. Third floor. Ext. 2070.

## NAVY RELIEF

Specially trained volunteers conduct interviews in the Senior Chaplain's office from 1200-1400 on Tuesdays and Fridays. Patients and staff are eligible for emergency financial aid through this agency. Volunteer seamstresses spend many hours making layettes for Navy and Marine Corps families. For further information, contact the Chaplain's office at Ext. 2251.

## NOTARY PUBLIC

Two civilian employees provide notary service. Legal Office or Decedent Affairs, Administrative Complex, third floor.

## OAK LEAF

The Oak Leaf is a semi-monthly publication offering news of hospital personalities and events for patients and staff. Written contributions and news tips are welcome. Administrative Complex, third floor. Ext. 2112.

## OOD

A Medical Officer of the Day, Administrative Watch Officer, and a Command Duty Officer are on duty 24 hours a day. These watch officers are primarily responsible for coordinating hospital activities after regular working hours. The OOD's Desk is located in the Main Lobby. Ext. 2344.

## PATIENT CARE COORDINATION TEAM

Designated as a special assistance team to the Commanding Officer, the Patient Care Coordination Team works closely with all departments in the hospital to assist patients in the resolution of personal problems. Contact with the patient is made through daily Patient Care Area visitation. Patients and other personnel may contact the team by dialing 2384 or visiting the PCCT office, third floor, Bldg. 500.

## PAY DAY

Military personnel are paid the 15th and 30th of each month; civilian pay day is every other Thursday. The Disbursing Office distributes military pay checks from 0830 to 0930 in the Main Dining Room and thereafter in Bldg 101.

## PERSONNEL OFFICES

These offices for officer, enlisted, and civilian personnel are on the third floor near the Main Dining Room.



JANGOs perform a wide variety of services in the dependent care areas.

#### PHARMACY

The pharmacy provides service for military personnel, active and retired, and dependents, twenty-four hours a day. Inpatients use the pharmacy located on the first floor; outpatients the outlet on the second deck. After 1630 on weekdays, and on weekends and holidays, service is limited to the first floor office. Ext. 2467.

#### PLAN OF THE DAY

Published daily, the Plan of the Day carries announcements of interest to patients and staff.

#### POST OFFICE

The Main Post Office, Bldg. 101, is open 0830-1130 and 1200-1630 Monday through Friday; there is no Saturday service. Money orders close at 1530. Staff personnel collect their mail at the staff mail room, third floor of the hospital. Special delivery and insured matter are handled only through the main office. Mail room hours are: 0800-0830, 1000-1400, and 1500-1630 Monday through Friday; 1000-1200 on Saturdays.

#### PROJECT TRANSITION

The staff at Project Transition disseminates information concerning veteran's benefits, educational assistance plans, and vocational training courses. The department offers diverse programs such as: an "on board" high school General Equivalency Degree course; training in data processing, and instruction in automobile mechanics and insurance. In addition, the counselors provide information regarding admissions requirements to colleges and offer assistance in placing the potential separatee in a school of his choice. Offices are open from 0800-1630 Monday through Friday, Bldg. 105, Education and Training. Ext. 2237.

#### RED CROSS

Located topside, Building 38, Red Cross continues a tradition of service to patients and staff. A volunteer office is located on the fourth floor of Bldg. 500 and additional business offices are located on the third deck and in Building 71A. Professional case workers are on call day and night to aid military personnel and their dependents in time of emergency.

Recreation workers maintain a busy schedule of morale-building activities in the patient care areas and at the Red Cross Lounge (Bldg. 71A). More than 150 uniformed Red Cross volunteers serve the hospital regularly, and nearly as many non-Red Cross volunteers, including hostess groups from nearby colleges, assist the professional staff.

#### SECURITY

The Security Division is responsible for enforcing all hospital regulations. Personnel wishing to operate a vehicle aboard the station must first obtain a decal through this office, Bldg. 73. Ext. 2401.

#### SENIOR ENLISTED ADVISER

Office open 0800-1630 Monday through Friday. Assists the Commanding Officer in all matters pertaining to enlisted personnel. Enlisted and their families are urged to communicate with the Master Chief concerning suggestions and information regarding Navy policy. Third floor, Administrative Complex. Ext. 2358.

#### SOCIAL SECURITY CLAIMS OFFICE

Serving patients and staff from 0800-1500 Monday through Friday, first floor, Bldg. 500. Information concerning social security benefits and eligibility for government assistance is available through this office. Ext. 2008.

#### VETERANS ADMINISTRATION REPRESENTATIVE

Office hours are 0900-1600 Monday. Assists all active duty personnel awaiting disability discharge. First floor. Ext. 2326.

#### CREDIT UNIONS

Alameda Coast Guard Federal Credit Union serves active duty and retired military staff and their dependents. A representative is aboard every Wednesday, 1000 to 1600, Bldg. 101, to meet persons wishing to use the service. Hours at the main office on Government Island are 0930 to 1530 Monday through Friday.

Government Service Credit Union has been serving Military and Civilian personnel in the State of California since 1933.

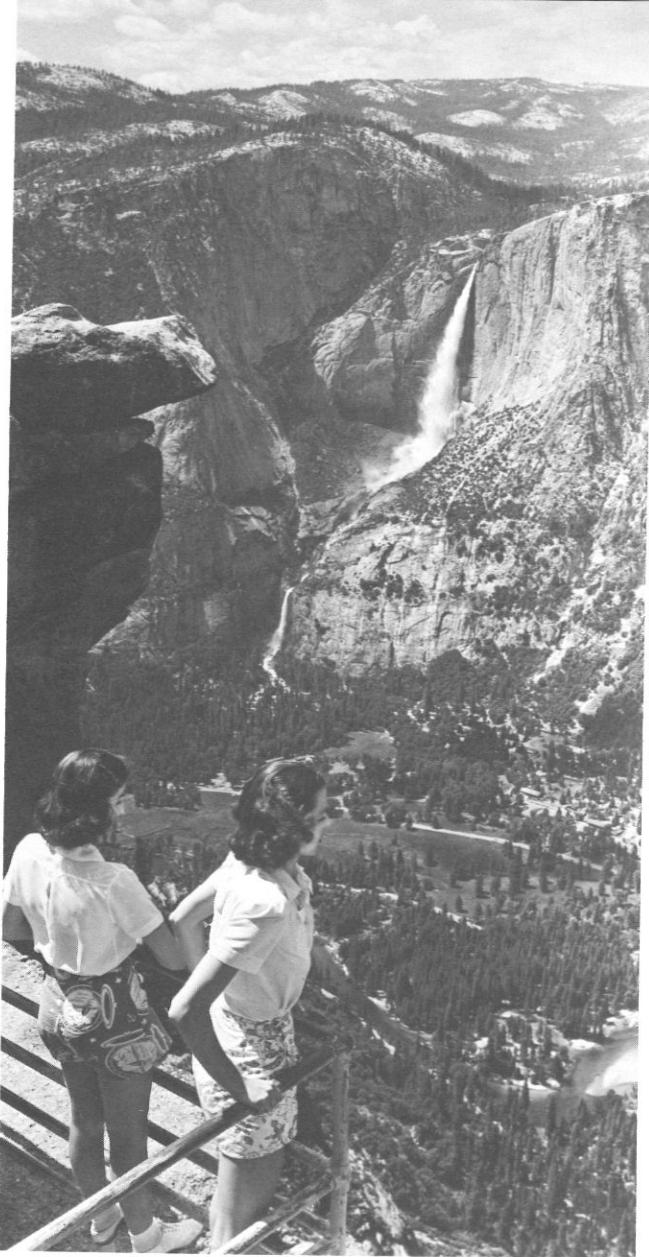
The main office is at Credit Union Center, 285 - 17th Street (17th and Harrison Streets), Oakland, California 94612. Hours at the Credit Union Center are 9:00 to 6:00 p.m. Mondays, and 9:00 to 4:00 p.m. Tuesdays through Fridays. Closed Saturday, Sunday, and holidays.



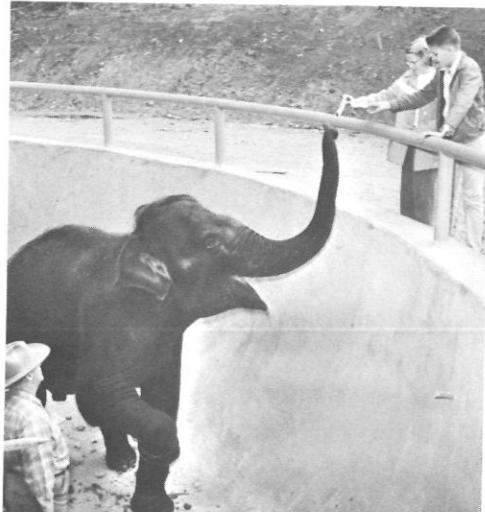
Patients' Lounge, Building 71A, is one of many Red Cross Services.



Project Transition brings data processing to bedside, helps serviceman find his niche when he returns to civilian life.



Yosemite—five hours away.



Oakland Zoo—five minutes away.

## About the Surrounding Area

Naval Hospital, Oakland, is located in an area of great scenic beauty and unlimited cultural and recreational opportunities.

Nearby are the East Bay's Regional Parks and several excellent golf courses, and almost within sight of the hospital the Oakland Zoo. In downtown Oakland, Lake Merritt reflects the gigantic Kaiser Center and is rimmed by Children's Fairyland, the Sailboat House, and other attractions. The new Oakland Museum is a showplace widely acclaimed for its unusual garden-gallery design. On the estuary that separates Oakland from Alameda—home of the Naval Air Station and homeport of aircraft carriers—is historic Jack London Square, with its exciting restaurants and busy yacht harbor.

The Coliseum Complex, less than ten minutes from the hospital, is a battleground for baseball and football teams, with an adjoining "jewel box" arena for other sporting events, concerts, ice shows, and the famed Oakland Flower Show. Also nearby are Mills College, College of the Holy Names, Chabot and California State Colleges, and the confrontation-scared University of California, Berkeley. Stanford University is within easy commuting distance.

Across the Oakland-Bay Bridge is San Francisco, delight to tourists from around the world as well as to residents from Twin Peaks to the Marina, who look out over the city and bay, watch ships arriving and departing through the Golden Gate, or count the cars crossing the world-famed Golden Gate span to "Marvelous Marin" County. Among the many attractions of San Francisco are Golden Gate Park, three fine, city-owned museums, the War Memorial Opera House, Fisherman's Wharf, Ghirardelli Square, Chinatown, the new Japanese Cultural Center, fine hotels, theaters, restaurants—and cable cars.

Other cities near the Naval Hospital, where many of its staff members rent or purchase attractive homes or apartments, are Alameda, San Leandro, Hayward, Castro Valley, Walnut Creek, and Danville.

Near enough for weekend outings are the Carmel-Monterey area, Big Sur, Lake Tahoe, Yosemite, Sequoia, and Kings' Canyon National Parks, and many other attractions millions of persons travel thousands of miles to see.

Sprout Plaza at the University of California

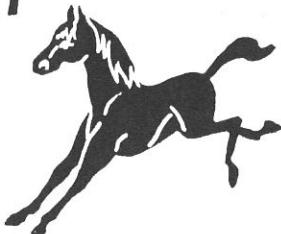


# MAP SECTION

**CROSS OVER THE BRIDGE  
TO PINTO COUNTRY**

MORRIS LANDY  
PERSONALLY  
GIVES HIS CUSTOMERS  
A 5-YEAR, 50,000 MILE  
POWER TRAIN WARRANTY ON  
ALL NEW CARS!

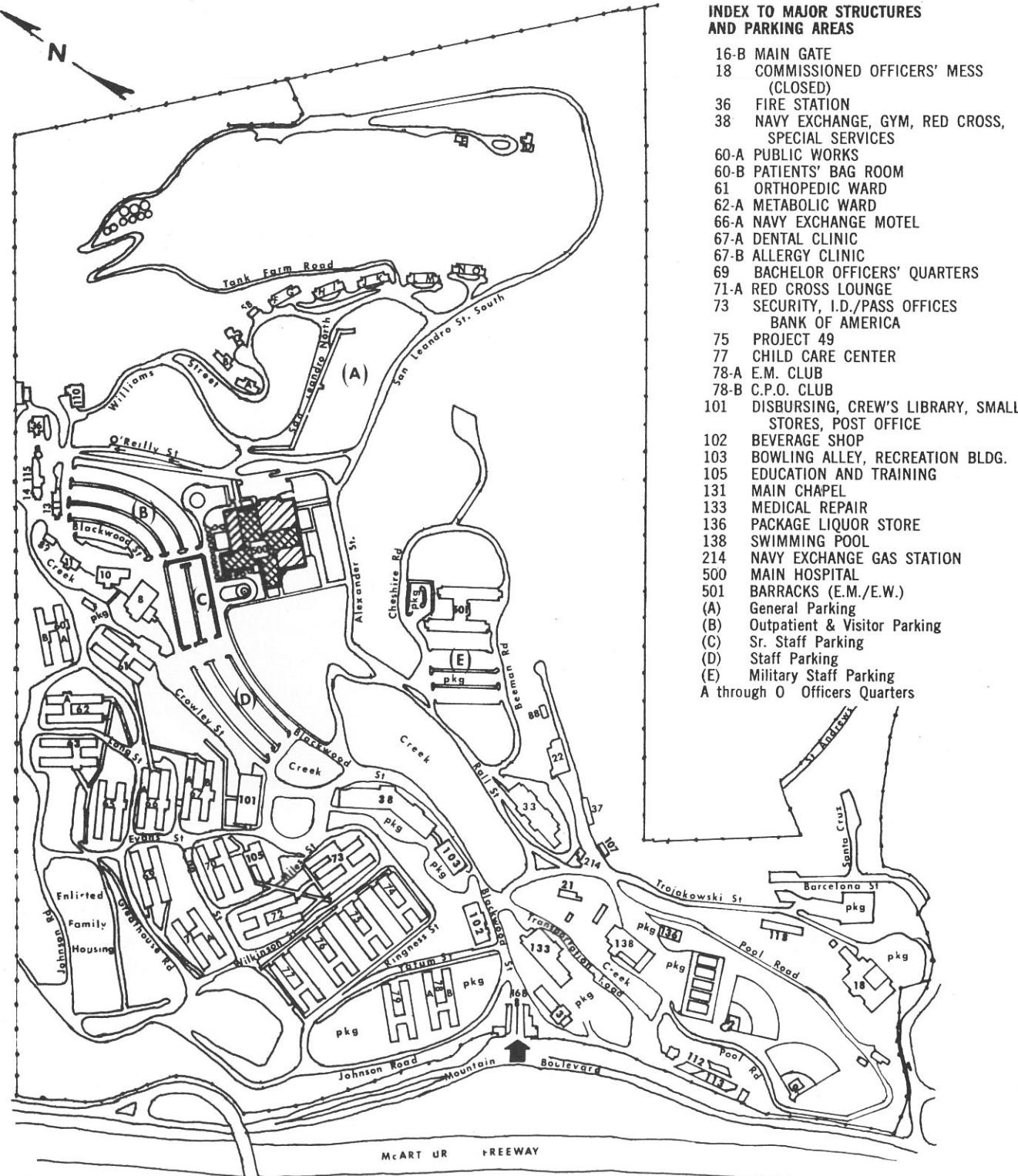
27 Years as Alameda's Ford Dealer  
**MORRIS LANDY**



523-2745

1650 PARK ST.

ALAMEDA



## MAP SECTION

INTERNATIONAL  
FAMILY DINING  
- ON A BUDGET -



PARK & DINE TONIGHT  
UNDER ONE ROOF  
TAKE OUT TOO!  
3 MIN SERVICE



MAIN OFFICE  
**654-4747**  
MacARTHUR-BROADWAY CENTER

CHEF KORY	<b>658-9622</b>
HOF'S BRAU	<b>658-7887</b>
HUNT'S DONUTS	<b>654-9187</b>
KATHY'S HAMBURGERS	<b>653-6500</b>
LORD KYLES' FISH & CHIPS	<b>658-2090</b>
LOTUS CHINESE	<b>654-3800</b>
MONTE ROSA PIZZA	<b>655-7935</b>
MR. BO'S STEAK HOUSE	<b>655-7673</b>
MURA YA JAPANESE	<b>655-8282</b>
ORANGE WIPZIT	<b>654-3888</b>
PEPE'S MEXICAN FOODS	<b>653-5797</b>
PINE TREE CANDIES	<b>655-1676</b>
THE CREAMERY	<b>655-6767</b>

★ ★ ★

MEN & WOMEN

CAREER OR EMPLOYMENT TROUBLES?  
Let us help you solve this problem

Let BARROWS do the looking

SECRETARIAL - OFFICE - CLERICAL  
Phone: 465-2634

SALES , ADMINISTRATIVE , TECHNICAL

Phone: **465-7474**

**BARROWS**

PERSONNEL AGENCY

1504 Franklin St., Oakland

# Avis

Just to remind you who rents clean new Plymouths,  
who tries harder and who treats a rental reservation  
like our very existence depends upon it.

Because it does.



The shortest distance  
between two points  
is an Avis line.

In (downtown) Oakland  
our line is **893-5600**,  
at Oakland International  
Airport it's **562-9000**

ACOUSTICS - AUTO

# CLASSIFIED BUYING GUIDE

The business firms listed herein are responsible for the publication of this brochure and guide. They welcome you and solicit your patronage.  
Please mention to them that you saw their advertisement in this Armed Forces Directory Guide.

**A-OK BODY SHOP**  
BODY & FENDER WORK  
CUSTOM PAINTING

3009 FOOTHILL BLVD., OAK. 536-5580



**HUSTEAD'S**  
2037 DURANT AVENUE, BERKELEY

24 HOUR TOWING and ROAD SERVICE 843-2402

#### ACOUSTICS

Wester Acoustics

884 Folsom St., San Francisco.....433-4073  
(See our ad under McClure Electric)

#### AUTO BODY REPAIRING & PAINTING

A-OK Body Shop  
3009 Foothill Blvd., Oakland.....536-5580

Bob's Auto Shop  
2220 Davis St., San Leandro.....635-2288  
(See our ad under Auto Repairing & Service)

Grand Chrysler Plymouth  
575 W. Grand Ave., Oakland.....451-3700  
(See our ad under Auto Dealers—New)

Hustead's Body Shop  
2037 Durant Ave., Berkeley.....843-2402

Martin's Auto Reconstruction  
3741 Broadway, Oakland.....655-0578  
(See our ad on Page 14)

Rveeco  
1335 - 6th St., Berkeley.....524-5152  
(See our ad under Auto Parts & Supplies)

# BEVERLY TERRACE MOTEL

GLADYS WARFIELD - Owner Operator

- EXTRA LONG BEDS
- TELEVISION
- SOUND PROOFED
- COFFEE SHOP
- RADIANT HEAT
- BUS TOURS ARRANGED
- PRIVATE PHONE
- TRANSPORTATION
- RADIO

- 569-6946 -

9920 MAC ARTHUR BLVD. (on Hwy 50) OAKLAND, CA.

**TOYOTA**

**BUY or LEASE**

- Corolla
- Corona
- Mark II
- now at ▼
- Crown Hi-Lux
- Pick-Up
- 4 W.D. Land Cruiser

**GIL ASHCOM TOYOTA**

845-2530

2400 SHATTUCK AVENUE, BERKELEY



**VOLKSWAGEN**  
**Buy or Lease**



Authorized Dealer

Authorized Dealer

DAY & NIGHT SERVICE

7:30 a.m. to 12 Midnight  
Monday thru Friday

**848-2425**

**Oliver Volkswagen**

2567 SHATTUCK AVE.

BERKELEY, CA.

**AUTO**

BAY AREA'S NEWEST DEALER

**FORD**

Phone:

562-7200

SALES • SERVICE  
LEASING • PARTS

Visit us at . . .

96th &amp; EAST 14th STREET

**AL LIGONS  
FORD**

Featuring

the new

THE LITTLE  
IMPORT-SIZE CAR

OAKLAND

N  
E  
W**S&K  
TOYOTA**U  
S  
E  
D

21715 MISSION BLVD., HAYWARD 581-6464

PARTS & SERVICE DEPT. OPEN:  
7:30 a.m. to 10 p.m., Monday thru Friday**MARTIN'S AUTO RECONSTRUCTION**

PERSONALIZED SERVICE

3741 BROADWAY, OAKLAND 94611 655-0578

MICHELIN X RADIAL

"YOUR DOWNTOWN"  
TIRE CENTER"

- BRAKES
- BATTERIES
- WHEEL ALIGNMENT

1418 WEBSTER STREET, OAKLAND PH. 832-7733

**CAMERON RADIAL  
TIRE CO.****BROADWAY  
TOYOTA****BUY or LEASE**

One of the Largest Dealers in Northern California

EXCLUSIVE  
TOYOTA**763-7220  
444-4425**NEW & USED  
CARSSALES • SERVICE • PARTS  
OPEN SATURDAYS FOR SALES

3020 BROADWAY

OAKLAND

**AUTO BRAKE SERVICE**

Bob's Auto Shop

2220 Davis St., San Leandro..... 635-2288

(See our ad under Auto Repairing &amp; Service)

Cameron Radial Tire Co.  
1418 Webster St., Oakland..... 832-7733

★ SHOP 'TIL 7:30 P.M. WEEKDAYS

**RAMSEY FORD**

FOR MILITARY DISCOUNTS ON ALL

★ ★ FORD PRODUCTS  
NEW & USED CAMPERS

BE SURE TO SEE

NORM GOUTIEREZ, MANAGER, Truck-Fleet &amp; Lease Dept.

3050 EAST 14th ST., OAKLAND Phone: 534-8520

DODGE DIVISION CHRYSLER  
MOTORS CORPORATIONDODGE TRUCKS — VANS  
CAMPER SPECIALS — OF ALL KINDS

See Us At

**SAN LEANDRO DODGE**

OPEN NIGHTS and SUNDAYS Liberal Bank Terms

2089 E. 14th St. — 483-1750 — SAN LEANDRO, CA.

**TRICOLOR MOTORS**

SALES - SERVICE - PARTS

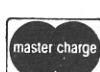
**RENAULT**E. 14th at 103rd Ave.  
OAKLAND, CA. — 632-8340 —

**SAN LEANDRO**  
**COMPLETE AUTO REPAIR SERVICE**

FOREIGN  
 • OVERHAULS  
 • BRAKE JOBS  
 • FRONT ENDS



DOMESTIC  
 • TUNE-UPS  
 • VALVE JOBS  
 • BODY & FENDER



Open  
Saturday

2220 DAVIS

**BOB'S Auto Shop**

Hand  
Controls  
Installed

**635-2288**

SAN LEANDRO

**AUTO DEALERS—NEW**

Gil Ashcom Toyota (See our ad,  
2400 Shattuck Ave., Berkeley..... Page 13) ..... 845-2530

Broadway Toyota 3020 Broadway, Oakland..... 444-4425

Grand Chrysler Plymouth (See our ad,  
575 W. Grand Ave., Oakland..... Back Cover) ..... 451-3700

Morris Landy Ford 1650 Park St., Alameda..... 523-2745  
(See our ad in Map Section)

Al Ligons Ford, Inc. 96th Ave. and 14th St., Oakland..... 562-7200

Oliver Volkswagen (See our ad,  
2567 Shattuck Ave., Berkeley..... Page 13) ..... 848-2425

Ramsey Ford 3050 E. 14th St., Oakland..... 534-8520

S & K Toyota 21715 Mission Blvd., Hayward..... 357-7397

San Leandro Dodge 2089 E. 14th St., San Leandro..... 483-1750

Tricolor Motors 10233 E. 14th St., Oakland..... 632-8340

**AUTO DEALERS—USED**

Broadway Toyota 3020 Broadway, Oakland..... 444-4425  
(See our ad under Auto Dealers—New)

Morris Landy Ford 1650 Park St., Alameda..... 523-2745  
(See our ad in Map Section)

Oliver Volkswagen 2567 Shattuck Ave., Berkeley..... 848-2425  
(See our ad under Auto Dealers—New)

Ramsey Ford 3050 E. 14th St., Oakland..... 534-8520  
(See our ad under Auto Dealers—New)

San Leandro Dodge 2089 E. 14th St., San Leandro..... 483-1750  
(See our ad under Auto Dealers—New)

Tricolor Motors 10233 E. 14th St., Oakland..... 632-8340  
(See our ad under Auto Dealers—New)

**AUTO ELECTRIC SERVICE**

Al's Automotive Service 4299 Piedmont Ave., Oakland..... 654-4633  
(See our ad under Auto Repairing & Service)

Bob's Auto Shop 2220 Davis St., San Leandro..... 635-2288

DODGE DIVISION



**CHRYSLER**  
MOTORS CORPORATION

**A—MUST . . . .**

Have a Demo Ride in the ALL NEW DODGE  
of your choice.

Or a late model used car, only the BEST-DO-  
WE-KEEP.

See Us At

**SAN LEANDRO DODGE**

OPEN NIGHTS & SUNDAYS - LIBERAL BANK TERMS

2089 E. 14th St. — 483-1750 — SAN LEANDRO, CA.

# RVEECO

Rebuilt Volkswagen Engine Exchange Company

— 524-5152 —

**ACCESSORIES**

**Parts** —

**NEW — USED — REBUILT**

• DISCOUNTS FOR  
MILITARY PERSONNEL

1335 6th ST. (Near Gilman) BERKELEY

**AUTO MACHINE SHOP SERVICE**

Bob's Auto Shop 2220 Davis St., San Leandro..... 635-2288

**AUTO PARTS & SUPPLIES**

Grand Chrysler Plymouth 575 W. Grand Ave., Oakland..... 451-3700  
(See our ad under Auto Dealers—New)

Morris Landy Ford 1650 Park St., Alameda..... 523-2745  
(See our ad in Map Section)

Al Ligons Ford, Inc. 96th Ave. and E. 14th St., Oakland..... 562-7200  
(See our ad under Auto Dealers—New)

Rveeco 1335 - 6th St., Berkeley..... 524-5152

S & K Toyota 21715 Mission Blvd., Hayward..... 357-7397  
(See our ad under Auto Dealers—New)

San Leandro Dodge 2089 E. 14th St., San Leandro..... 483-1750  
(See our ad under Auto Dealers—New)

**AUTO RENTING & LEASING**

Gil Ashcom Toyota (SEE OUR AD,  
2400 Shattuck Ave., Berkeley..... PAGE 13) ..... 845-2530

This Classification Continued on Next Page

# OPEN 7 DAYS A WEEK

FREE TOWING ON SERVICE

FREE LOAN CARS

**FOREIGN & AMERICAN**

Auto Electric

Engine Overhauls

Arc Welding



Since 1953

PERSONAL CREDIT AVAILABLE

**654-4633**



**AL'S AUTOMOTIVE SERVICE**

4299 PIEDMONT AVE

OAKLAND

## AUTO - BAKERIES

- Wedding Cakes
- Rum Cakes
- Fresh Strawberry Cakes
- French Pastry
- The Finest Birthday Cakes

**CAKES MADE TO ORDER**

**INGE'S CAKESHOP**

*Gold Medal Winner*

1618 ENCINAL AVE., ALAMEDA, CALIF. 94501

Call:  
522-1618



## AL'S MEN SHOP, Inc.

5695 SAN PABLO

OAKLAND, CA.

VERDI BOOTS & SHOES  
BLYELOOK IN ITALIAN KNIT

PANTS GALORE  
DOUBLEKNITS & WOOL

Hrs.: Mon. - Thurs. & Sat.: 9:30-6 - Fri. 9:30-9 p.m. 652-6272

## SALONS OF BEAUTY - -

**Walter's**

10700 Mac Arthur Blvd., Oakland  
568-1104

Wed., Thurs., Fri. Evenings

**Chabot**

20392 Lk. Chabot Rd. Castro Valley  
582-2151 or 582-3298  
Monday thru Saturday

## AUTO RENTING & LEASING (CONTINUED)

Avis Rent-a-Car

1833 Harrison St., Oakland.....893-5600  
Oakland International Airport, Oakland.....562-9000  
(See our ad in Map Section)

Grand Chrysler Plymouth

575 W. Grand Ave., Oakland.....451-3700  
(See our ad under Auto Dealers—New)

Morris Landy Ford

1650 Park St., Alameda.....523-2745  
(See our ad in Map Section)

Al Ligons Ford, Inc.

96th Ave. and E. 14th St., Oakland.....562-7200  
(See our ad under Auto Dealers—New)

Ramsey Ford

3050 E. 14th St., Oakland.....534-8520  
(See our ad under Auto Dealers—New)

S & K Toyota

21715 Mission Blvd., Hayward.....357-7397  
(See our ad under Auto Dealers—New)

San Leandro Dodge

2089 E. 14th St., San Leandro.....483-1750  
(See our ad under Auto Dealers—New)

## AUTO REPAIRING & SERVICE

Al's Automotive Service

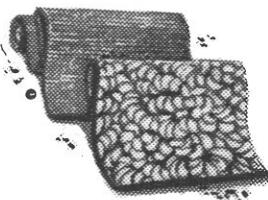
4299 Piedmont Ave., Oakland.....654-4633

- SERVING THE BAY AREA -

## Carpets & Drapes

Residential—Commercial—Industrial  
“Meticulous Attention To Detail”

WIDE SELECTION TO CHOOSE FROM



ESTIMATES & ADVICE  
GIVEN GLADLY

DECORATOR SERVICE

**357-1441**

## OPDYK'S CARPETS & DRAPERS

14083 E. 14th ST. SAN LEANDRO, CALIFORNIA



## Alameda Washette & Cleaners

• DRY CLEANING • LAUNDRY-Finished & Rough • PICK-UP & DELIVER

1916 ENCINAL AVE. — **522-5865** — ALAMEDA, CALIF. 94501

THE FINEST IN  
BEAUTY CARE  
FOR THE  
DISCRIMINATING WOMAN

★ Specialists in Hair Shaping, Styling & Permanent Waving  
**1412 - 136th Ave., San Leandro, Ca. PH: 357-4600**

## AUTO REPAIRING & SERVICE (CONTINUED)

Bob's Auto Shop  
2220 Davis St., San Leandro.....635-2288

Broadway Toyota  
3020 Broadway, Oakland.....444-4425  
(See our ad under Auto Dealers—New)

Grand Chrysler Plymouth  
575 W. Grand Ave., Oakland.....451-3700  
(See our ad under Auto Dealers—New)

Morris Landy Ford  
1650 Park St., Alameda.....523-2745  
(See our ad in Map Section)

Al Ligons Ford, Inc.  
96th Ave. and E. 14th St., Oakland.....562-7200  
(See our ad under Auto Dealers—New)

Rveeco  
1335 - 6th St., Berkeley.....524-5152  
(See our ad under Auto Parts & Supplies)

San Leandro Dodge  
2089 E. 14th St., San Leandro.....483-1750  
(See our ad under Auto Dealers—New)

Tricolor Motors  
10233 E. 14th St., Oakland.....632-8340  
(See our ad under Auto Dealers—New)

**BAKERIES**  
Inge's Cake Shop  
1618 Encinal Ave., Alameda.....522-1618

## The French Quarter Cleaners

- UNIFORMS DISCOUNTED 10% -

GENTLE, EFFICIENT HANDLING  
LAST-MINUTE ALTERATIONS GIVEN  
SPECIAL ATTENTION

**532-6916**

2501 - 14TH AVE. OAKLAND, CALIF. 94606

**Medical-Dental Placement Agency**

TECHNICAL • CLERICAL • NURSING

ALSO AVAILABLE

VOCATIONAL RESEARCH AND GUIDANCE

893-5066

CLARA J. HANKEY, M.D., PH.D., Director

1540 SAN PABLO AVENUE, OAKLAND, CALIF

**BEAUTY SALONS**

Chabot Beauty Salon 20392 Lake Chabot Rd., Castro Valley.....582-3298

Mr. M Beauty Studio 1412 - 136th Ave., San Leandro.....357-4600

Walter's Salon of Beauty 10700 MacArthur Blvd., Oakland.....568-1104

**BURGLAR & FIRE ALARM SYSTEMS**Engelman Electronics 44255 Fremont Blvd., Fremont.....657-7900  
(See our ad under Electronic Equipment & Supplies)**CARPET & RUG DEALERS**

Opdyk's Carpets &amp; Draperies 14083 E. 14th St., San Leandro.....357-1441

**CATERERS**

Ming Garden 815 Webster St., Oakland.....444-4844

**CHILDREN'S & INFANTS' GARMENTS**

Al's Men's Shop, Inc. 5695 San Pablo Ave., Oakland.....652-6272

**CLEANERS & DYERS**Alameda Washette & Cleaners 1916 Encinal Ave., Alameda.....522-5865  
The French Quarter Cleaners 2501 - 14th Ave., Oakland.....532-6916**CONTRACTING STEVEDORES & TERMINAL OPERATORS**California Stevedore & Ballast Co. P.O. Box 7731, San Francisco.....466-3323  
Pier 6E, Oakland**CONTRACTORS—ELECTRIC**

McClure Electric 884 Folsom St., San Francisco.....433-1468



ELECTRICAL CONTRACTOR

884 FOLSOM STREET  
SAN FRANCISCO, CA 94107**ENGELMAN ELECTRONICS**  
and SUPPLIERS

Wholesale Distributors

- STEREO EQUIPMENT
- RESIDENCE - ALARM (Burglary-Fire-Smoke Gas)
- ELECTRONIC PARTS

Phone:  
(415) 657-7900-Bldg. "J"-  
44255 FREMONT BLVD.

FREMONT, CA. 94538

**Gray Supply Co.**

Janitorial and Paper Supplies



Phone: 536-8211

1907 DENNISON STREET

OAKLAND, CA. 94606

**CONTRACTORS—PLUMBING**Lass Plumbing, Inc. 5380 Bancroft Ave., Oakland.....533-0170  
(See our ad, Page 19)**DISTRIBUTORS—SAFETY & GRATING**Globe Pacific Co. 1100 Mabury Rd., San Jose.....294-7288  
(See our ad under Stainless Pipe, Tubing & Fittings)**ELECTRONIC EQUIPMENT & SUPPLIES**

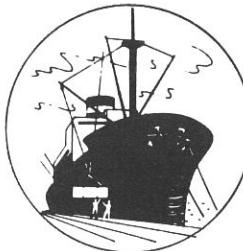
Engelman Electronics 44255 Fremont Blvd., Fremont.....657-7900

**EMPLOYMENT AGENCIES**Barrows Personnel Agency 1504 Franklin St., Oakland.....465-7474  
(See our ad in Map Section)

Medical-Dental Placement Agency 1540 San Pablo Ave., Oakland.....893-5066

**FREEZER MEATS**Black Angus Meat Co. 4559 E. 14th St., Oakland.....532-2282  
(See our ad on Inside Front Cover)**FROZEN FOODS**Tesio Meat Co. 1025 E. 12th St., Oakland.....835-5363  
(See our ad under Meats)**JANITOR SERVICE**

Gray Supply Co. 1907 Dennison St., Oakland.....536-8211

**LAUNDRIES**Alameda Washette & Cleaners 1916 Encinal Ave., Alameda.....522-5865  
(See our ad under Cleaners & Dyers)MORE THAN A CENTURY OF SERVICE  
IN SAN FRANCISCO \*\*\***CALIFORNIA STEVEDORE  
AND BALLAST COMPANY****CONTRACTING STEVEDORES  
& TERMINAL OPERATORS**CONTRACTORS TO  
MILITARY OVERSEAS  
TERMINAL BAY AREA

- MAIN OFFICE, Pier 15, (415) 391-3710
- TELETYPE: (415) 393-7474
- PRINCIPAL TERMINAL OFFICE, Pier 50
- MOTBA OFFICE: (415) 466-3323

SAN FRANCISCO & BAY AREA  
STOCKTON SACRAMENTO

MARKET SUPPLIES - MOTELS

- ROOMS
- KITCHENETTES
- HEATED POOL
- TV & PHONES

9451 MacARTHUR BLVD.

# EMPIRE MOTEL

- CALL FOR INFORMATION -

- 569-3750 -

OAKLAND, CALIFORNIA 94605

- TRY THE NEW WATER BEDS
- SPECIAL RATES -  
SERVICEMEN & FAMILIES
- BONUS DAY

\*\*\*\*\*  
 ★ FOOD MACHINES  
 ★ SCALES  
 ★ DISHWASHERS  
 ★  
 ★ 4315 TELEGRAPH AVENUE, OAKLAND 654-6366  
 \*\*\*\*\*

**Hobart Manufacturing Co.**  
 SALES & SERVICE

**MARKET & GROCERS' EQUIPMENT & SUPPLIES**  
 Hobart Manufacturing Co.  
 4315 Telegraph Ave., Oakland.....654-6366

**MEAT PURVEYORS**  
 H. Shenson, Inc.  
 1955 Carroll Ave., San Francisco.....467-1234



"FOR THE MAN"

EXCLUSIVE  
MEN'S APPAREL

Featuring: Londonshire & H. Freeman & Son Clothes  
 2078 Antioch Court (Montclair Village) Oakland Ph: 339-8585



## AMERICA'S FINEST MEATS

SPECIALISTS IN PORTION CONTROL MEATS  
 PROCESSORS OF CURED, SMOKED & COOKED MEATS

H. SHENSON INC. 1955 CARROLL AVENUE, SAN FRANCISCO, CALIFORNIA 94124 U.S.A.



We Supply:

Hotels & Restaurants  
 Clubs, Resorts, Ships  
 Institutions, Schools  
 Railroads, Military

HOME FREEZER ORDERS  
 SPECIALLY WRAPPED  
 DELIVERED FREE

## USDA CHOICE BEEF CHOICE MEATS

HIGH QUALITY MEATS -  
 CUT TO ORDER

**TESIO MEAT CO.**  
 1025 E. 12th ST., OAKLAND 835-5363

HEATED POOL  
 SUN DECK  
 KITCHENETTES  
 FREE T.V.



ROOM PHONES  
 CREDIT CARDS HONORED  
 COMMERCIAL RATES

New  
**Sage**  
 MOTEL

Near Mills College  
 4844 MacArthur Blvd.  
 OAKLAND, CALIF.

- 530-0800 -

- TRY THE NEW WATER BEDS
- SPECIAL RATES -  
SERVICEMEN & FAMILIES
- BONUS DAY

# HOLIDAY MOTEL

INTERSTATE 580 on MACARTHUR

KITCHENETTES-TV • DELUXE SUITES • WEEKLY RATES  
 • PHONES IN ROOM • COFFEE & DOUGHNUTS  
 — PHONE: 530-2700 —  
 4474 MACARTHUR BLVD. OAKLAND, CA.

### MEATS

Black Angus Meat Co.  
 4559 E. 14th St., Oakland.....532-2282  
 (See our ad on Inside Front Cover)

Tesio Meat Co.  
 1025 E. 12th, Oakland.....835-5363

### MEN'S CLOTHING & FURNISHINGS

Al's Men's Shop, Inc.  
 5695 San Pablo Ave., Oakland.....652-6272  
 (See our ad under Children's & Infants' Garments)

J. Coop Ltd.  
 2078 Antioch Ct., Oakland.....339-8585

### MOTELS

Berkeley Capri Motel  
 1512 University Ave., Berkeley.....845-7090  
 Beverly Terrace Motel  
 9920 MacArthur Blvd., Oakland.....569-6946  
 (See our ad, Page 13)

Empire Motel  
 9451 MacArthur Blvd., Oakland.....569-3750  
 Holiday Motel  
 4474 MacArthur Blvd., Oakland.....536-4877, 530-2700  
 London Lodge Motel  
 7th and Broadway, Oakland.....451-6316  
 The Palms Motel  
 829 W. MacArthur Blvd., Oakland.....655-0563  
 Sage Motel  
 4844 MacArthur Blvd., Oakland.....530-0800

# Berkeley Capri Motel

ALL CREDIT CARDS HONORED

- CABLE COLOR TV • AM-FM RADIO • ROOM COFFEE
- COMPLIMENTARY BREAKFAST

1512 UNIVERSITY AVE. — (415) 845-7090 — BERKELEY, CA.

T.V. — Phones — Complimentary in-room Coffee

- 5 Min. from Oakland Army Base
- 10 Min. from Oak Knoll Naval Hospital

MAJOR CREDIT  
CARDS HONORED

**THE PALMS MOTEL**  
 829 W. MACARTHUR BLVD., OAKLAND 655-0563

**house of music**

Lincoln Square Shopping Center

★ INSTRUMENT RENTALS & SALES

531-8760

HOURS: Closed Sunday & Monday  
 10 a.m. to 6 p.m. TUESDAY through SATURDAY  
 4100 REDWOOD ROAD, OAKLAND, CALIF.



- 90 UNITS
- 56 STUDIO APTS.
- CONVENIENT LOCATION TO DOWNTOWN OAK.
- LOVELY VIEW



# LONDON LODGE

*Restaurant      Cocktails*

451-7474  
Transportation

....at the Gateway to Fabulous  
JACK LONDON SQUARE

SPECIAL MILITARY  
DISCOUNT  
• • •

Free Transportation  
to and from Base  
... only 5 min. away

451-7474  
Reservations

## PACKING SERVICE

MILITARY - COMMERCIAL - - EXPORT - DOMESTIC  
5 Acre Facility

OVER 25 YEARS EXPERIENCE

PRESERVATION - PACKAGING - PACKING TO  
COMMERCIAL & MILITARY STANDARDS

## California Fabricators, Inc.

10901 RUSSET ST.  
OAKLAND, CA. 94603      **568-8677**      A Division of  
Jet Air Freight

### MOTORCYCLES & MOTOR SCOOTERS—EQUIPMENT & PARTS

#### Schleicher Motors

7954-56 MacArthur Blvd., Oakland.....569-4767  
(See our ad under Motorcycles & Motor Scooters—  
Sales & Service)

### MOTORCYCLES & MOTOR SCOOTERS—SALES & SERVICE

#### Oakland Honda

3060 Broadway, Oakland.....835-2939  
Schleicher Motors

7954-56 MacArthur Blvd., Oakland.....569-4767

## SCHLEICHER MOTORS

Sales - Service - Parts  
Cycle Insurance



- MILITARY DISCOUNT -

— PHONES —  
569-4767 and 569-5520

7954-56 MACARTHUR BLVD.

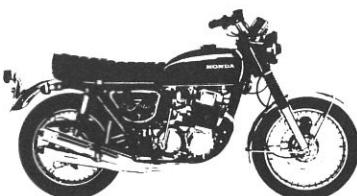
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- MOTO-GUZZI
- NORTON
- VESPA
- SUZUKI
- DUCATI

EASY FINANCING - NO MONEY DOWN - GOOD CREDIT

## OAKLAND HONDA

SALES - SERVICE - PARTS



- HONDA
- TRIUMPH
- OSSA
- KAWASAKI

**835-2939**

3060 BROADWAY  
OAKLAND

THE OLD - RELIABLE  
**LASS**  
PLUMBING, INC.  
SINCE 1906  
5380 BANCROFT AVENUE

Telephone

**581-6275 or  
533-0170**  
OAKLAND 1, CA.

### MUSICAL INSTRUMENTS

House of Music	4100 Redwood Rd., Oakland.....	531-8760
<b>PACKING &amp; CRATING SERVICE</b>	California Fabricators, Inc.	
10901 Russett St., Oakland.....	568-8677	
FWJ Export Management Co.	Bldg. 5805, Oakland Army Base, Oakland.....	465-5107
(See our ad, Page 20)		

### PARKING STATIONS & GARAGES

Blue Seal Transmission	1600 Harrison St., Oakland.....	451-2433
(See our ad under Transmissions—Automotive)		

*See the  
Goodguys  
at*



**BLUE SEAL**  
**TRANSMISSION**  
*Centers*  
OF AMERICA

**451-2433**

- NATIONWIDE WARRANTY
- BUDGET PLANS AVAILABLE
- FREE CITY-WIDE TOWING
- PICK-UP & DELIVERY
- 1 DAY SERVICE
- LOAN CARS



1600 HARRISON STREET, OAKLAND CALIF.

**RESTAURANTS - TIRES**

# MING GARDEN

CHINESE CUISINE - OPEN DAILY -

- Lunch • Dinner Party • Banquet
- Take Out Orders • Catering

444- 4844

815 WEBSTER ST., OAKLAND, CA.



# Betterway

FAMOUS FAMILY

## RESTAURANT

FREE PARKING

Specializing in  
AMERICAN & CHINESE  
Eat Here or Take Out  
For Individuals/Family/Groups/Banquets  
Open each day 6AM to 11:45 PM

7540 MacARTHUR BLVD., OAKLAND - 638-3400 -

Preservation for:

STORAGE  
STRAPPING  
BOXING  
CRATING  
UNITIZING & SKIDDING

## FWJ EXPORT MANAGEMENT CO.

(415) 465-5107

P.O. BOX 24212  
OAKLAND, CALIF. 94623

**RESTAURANTS**

Betterway Restaurant	7540 MacArthur Blvd., Oakland.....	638-3400
The Hamlet	MacArthur-Broadway Center, Oakland.....	654-4747
Ming Garden	(See our ad in Map Section) 815 Webster St., Oakland.....	444-4844

## STAN FLOWERS COMPANY, INC.

MARINE CARPENTRY

HATCH BOARDS - CARGO BOXES  
PALLET BOARDS - CATWALKS - CARGO SHORING  
SHIP LINING OF ALL DESCRIPTIONS

(415)  
451-7660

1735 - 24th STREET, OAKLAND, CALIF. 94607

## RUBBISH TO REMOVE?

- STORES • OFFICES • BASEMENTS •
- YARDS • WAREHOUSES CLEANED •

FREE ESTIMATES ON ANY SPECIAL CLEAN-UP JOB

PROMPT EFFICIENT SERVICE  
AT REASONABLE RATES BY LICENSED COLLECTORS

2550 MASON ST.

CALL  
**392-3859**

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Formerly Scavengers Protection Association

## OAKLAND SCAVENGER CO.

- RUBBISH HAULING
- TRASH-DEBRIS HAULED
- COMMERCIAL & RESIDENTIAL
- LATEST MODERN EQUIPMENT
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**465-2911** SERVICE

2601 PERALTA STREET

OAKLAND

**ROAD SERVICE—AUTOMOTIVE**

Hustead's Body Shop  
2037 Durant Ave., Berkeley..... 843-2402  
(See our ad under Auto Body Repairing & Painting)

**RUBBISH HAULING**

Oakland Scavenger Co.  
2601 Peralta St., Oakland..... 465-2911  
Golden Gate Disposal Company  
2550 Mason St., San Francisco..... 392-3859

**SCHOOLS**

Institute of Continuing Education  
Bldg. 101, Oak Knoll Hospital, Oakland..... 635-9466

**SHIPBUILDERS**

Stan Flowers Co., Inc.  
1735 - 24th St., Oakland..... 451-7660

**STAINLESS PIPE, TUBING & FITTINGS**

Globe Pacific Co.  
1100 Mabury Rd., San Jose..... 294-7288

**TELEVISION RENTALS**

Billy's TV  
5831 San Pablo Ave., Oakland..... 655-5580  
(See our ad under Television Sales)

**TELEVISION REPAIRING & PARTS**

A-Z Television Service  
5000 Telegraph Ave., Oakland..... 655-8249  
(See our ad under Television Sales)

J & L Television  
4200 Foothill Blvd., Oakland..... 532-0876  
(See our ad under Television Sales)

**TELEVISION SALES**

A-Z Television Service  
5000 Telegraph Ave., Oakland..... 655-8249

Billy's TV  
5831 San Pablo Ave., Oakland..... 655-5580

J & L Television  
4200 Foothill Blvd., Oakland..... 532-0876

**TELEVISION SERVICE**

Billy's TV  
5831 San Pablo Ave., Oakland..... 655-5580  
(See our ad under Television Sales)

**TIRES**

Cameron Radial Tire Co.  
1418 Webster St., Oakland..... 832-7733  
(See our ad under Auto Brake Service)

Imperial Tire Distributors  
763 Marina Blvd., San Leandro..... 351-6425

**MILITARY DISCOUNT**

## IMPERIAL TIRE DISTRIBUTORS

Complete Automotive  
Repair & Maintenance Service

ALL WORK GUARANTEED

(415) 351-6425

763 MARINA BLVD., SAN LEANDRO, CA. 94577

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### COMPUTER OPERATOR and DRAFTING CAREERS

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AVAILABLE AT OAK KNOLL

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The ATU Training Centers, located at the Oak Knoll Naval Hospital, Oakland, California, and at Camp Pendleton Marine Corps Base, Oceanside, California are open for the exclusive on-board-training of military personnel under the Transition, In-Service Veterans, and Retired Program.

**Building 101, Oak Knoll Naval Hospital, Oakland, Calif. 94627 Ph (415) 635-9466**

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Al's Automotive Service

4299 Piedmont Ave., Oakland.....654-4633  
(See our ad under Auto Repairing & Service)

Blue Seal Transmission

1600 Harrison St., Oakland.....451-2433  
(See our ad under Transmissions—Automotive)

Hustead's Body Shop

2037 Durant Ave., Berkeley.....843-2402  
(See our ad under Auto Body Repairing & Painting)

#### TRANSMISSIONS—AUTOMOTIVE

Blue Seal Transmission

1600 Harrison St., Oakland.....451-2433

OPEN 7 DAYS A WEEK

## BILLY'S TV

SALES — RENTALS — REPAIRS

5831 SAN PABLO AVE., OAKLAND 655-5580

- TV's B/W FROM \$25 COLOR FROM \$95
- RECONDITIONED... REPOSSESSED & UNCLAIMED TVs
- STEREOS & TAPE RECORDERS

BUY! DON'T RENT!  
*A-Z Television Service*  
PHONE: 655-8249  
5000 Telegraph Ave., Oakland



## TELEVISION

532-0876

4200 FOOTHILL BLVD., OAKLAND, CA. 94601

SALES: Zenith  
Sylvania

- Color • Black & White
- Service of all Makes

## GLOBE-PACIFIC COMPANY

- GRIP-STRUT SAFETY GRATING • BAR GRATING
- STAINLESS STEEL PIPE, TUBE, BARS & FASTENERS
- STAINLESS STEEL FITTINGS FOR PIPE & TUBING
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- INDUSTRIAL LOCKERS & SHELVING • HAND TRUCKS
- METAL TOOL ROOM PARTITIONS • SAFETY LADDERS

(408)  
PH: 294-7288

1100 MABURY RD, SAN JOSE, CA 95133

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3050 E. 14th St., Oakland.....534-8520  
(See our ad under Auto Dealers—New)

S & K Toyota

21715 Mission Blvd., Hayward.....357-7397  
(See our ad under Auto Dealers—New)

#### TRUCK & TRAILER EQUIPMENT

Heil Equipment Co.

45945 Warm Springs Blvd., Fremont.....657-1000

## HEIL EQUIPMENT CO.

Phone:  
(415) 657-1000

OF NORTHERN CALIFORNIA ....

P.O. BOX 4038  
45945 WARM SPRINGS BLVD. FREMONT, CA 94538

See the  
Goodguys  
at



**BLUE SEAL**  
**TRANSMISSION**  
*Centers*  
OF AMERICA

**451-2433**

- NATIONWIDE WARRANTY
- BUDGET PLANS AVAILABLE
- FREE CITY-WIDE TOWING
- PICK-UP & DELIVERY
- 1 DAY SERVICE
- LOAN CARS



1600 HARRISON STREET, OAKLAND CALIF.

# **NOW HEAR THIS!**

## **IT'S ALL TOGETHER AT...**

*Grand*

**CHRYSLER-PLYMOUTH**

575 W. GRAND AVE., OAKLAND

451-3700



**Imperial  
Chrysler • Plymouth**

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Cricket**

**Sales • Lease • Service**  


**2 USED CAR LOCATIONS**

2855 BROADWAY  
451-1600

2200 TELEGRAPH  
451-3708